



THEORY OF CHANGE



To enable life-changing mentoring relationships to **ignite** the power and potential of young people

WHO DO WE SERVE?

Young people who face adversity AND

are in need of an additional consistent and supportive ${\bf Developmental Relationship^{1}}$

HOW DO WE IGNITE POTENTIAL?

- » By intentionally **recruiting** based on the needs of a community's young people
- » By matching young people with a professionally screened volunteer mentor
- » By monitoring and supporting that match with a professional caseworker
- » By **training and supporting** the mentor, the mentee and the family
- » By building a Developmental Relationship between the mentor and the mentee that: Expresses Care; Challenges Growth; Provides Support; Shares Power; and Expands Possibilities
- » By **graduating** the match relationship towards natural support

VHAT IS THE IMPACT?

Young people graduate our programs with **measurable outcomes**:

SOCIAL EMOTIONAL COMPETENCE

- » Relationship skills
- » Social awareness
- » Responsible decisionmaking
- » Self-management
- » Self-awareness

MENTAL HEALTH & Wellbeing

- » Positive identity
- » Mental wellness
- » Social inclusion & empowerment

EDUCATIONAL ENGAGEMENT & EMPLOYMENT READINESS

- » School connectedness
- » Commitment to learning
- » Enhanced constructive use of time

1 "Developmental Relationships Framework." © 2018 Search Institute, Minneapolis, MN. www.search-institute.org



All young people realize their full potential